



## Unlocking Your Learning Template

For people who like checklists, I've created a document to help you plan your learning project. It can serve as a useful reference as you progress to remind you what to expect.

Learning Project:	
Type:	Online Course <input type="checkbox"/> Self Directed <input type="checkbox"/> Just Dabbling <input type="checkbox"/>
Equipment Required?	Yes/No Details:
Target Competence Level	Awareness <input type="checkbox"/> Novice <input type="checkbox"/> Advanced Beginner <input type="checkbox"/> Proficient <input type="checkbox"/> Competent <input type="checkbox"/> Expert <input type="checkbox"/> Outstanding <input type="checkbox"/> Master <input type="checkbox"/>
Scope	[Key Learning Objectives]
Explicit Exclusions	[Material outside scope]
Goals	[What specific skill/knowledge do you want to acquire by when]

Key Terms	[Record Important terms/concepts here]
Why am I doing this?	Just Interest <input type="checkbox"/> Career <input type="checkbox"/> Certification <input type="checkbox"/> Personal Development <input type="checkbox"/> Social Reasons <input type="checkbox"/> Health/Well-being <input type="checkbox"/>
Journal	Today I learned... [Record progress here]
	Date:  Date:  Date:
Timeline	[When do you hope to finish?]
Additional Resources	[Note anything else you may need]
Schedule	When will you do this?  Daily: <input type="checkbox"/> Day of the week: Time:
Techniques	What techniques are relevant? Can you apply spacing or retrieval practice or generation?

Pitfalls/Setbacks	What do you expect may go wrong and note any mitigation tactics:  Slow Progress <input type="checkbox"/> Harder than I thought <input type="checkbox"/> Distractions <input type="checkbox"/> Scope too big <input type="checkbox"/> Missing Prerequisites <input type="checkbox"/>
Scope Revisions	Add new things or tangents you discover after your initial scope:
Reminders	
Fluency Fallacy	How will you identify and combat this?